



(304) 296-9812



LUNCH SERVED MONDAY—FRIDAY
11:30AM-12:00PM

SUGGESTED DONATION:
\$2.00 FOR AGE 60+

MILK SERVED WITH EACH LUNCH

Sun	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Sat
29	30 SAUSAGE GRAVY ON BISCUIT EGG SCRAMBLE POTATOES ORANGE JUICE	1 LASAGNA BROCCOLI CAULIFLOWER BREADSTICK FRUIT	2 SWEDISH MEATBALLS EGG NOODLES BUTTERED PEAS ROLL APPLESAUCE	3 CHICKEN ALFREDO GARLIC BREAD CARROTS PEARS JUICE	4 STEAK AND CHEESE ONIONS & PEP- PERS WG ROLL FRESH FRUIT	5
6	7 CHICKEN FRIED STEAK MASHED POTATOES GREEN BEANS	8 HOT TURKEY SAND MASHED POTATO GRAVY GREEN BEANS FRUIT	9 BEEF GHOULASH STEWED TOMA- TOES GLAZED CARROTS FRUIT	10 HAM & CHEESE FRITATTA HASHBROWNS ONIONS & PEPPERS FRUIT	11 CRABCAKE WG BUN FRIES COLESLAW FRESH FRUIT	12 
13	14  CLOSED for Columbus Day	15 CABBAGE ROLLS MIXED VEG STEWED TOM FRUIT	16 CHICKEN CASSEROLE BUTTERED PEAS ROLL W/ BUTTER FRUIT	17 BRASIED PORK CHOP BROCCOLI REDSKIN POTATO FRUIT	18 ITALIAN BEEF ONIONS & PEPPERS 3 BEAN SALAD FRESH FRUIT	19
20	21 GYRO SALAD TZATZIKI PITA BREAD FRUIT	22 VEGGIE LASAGNA STEWED TOMATOES QUINIOA SALAD COTTAGE CHEESE FRUIT	23 CHICKEN CURRY BROWN RICE SPINACH FRUIT	24 ITALIAN COLD CUT ON WG POTATO SALAD BABY CARROTS FRUIT	25 CHICKEN SALAD CROISSANT LETT & TOM CHIPS FRESH FRUIT	26
27 	28 POPCORN SHRIMP OLD BAY COLESLAW HUSH PUPPIES FRUIT	29 BEEF STEW MASHED POTATO MIXED VEG ROLL & BUTTER FRUIT	30 BEEF TACOS LETTUCE & TOM RICE REFRIED BEANS FRUIT	31 HALLOWEEN SWISS STEAK MUSHROOM GRAVY CHEESY BROCCOLI REDSKIN POTATOES PUMPKIN ROLL	1 BBQ RIBLET ON WG FRIES MACARONI SALAD FRESH FRUIT	2 