

(304) 296-9812



2022

LUNCH SERVED MONDAY—FRIDAY 11:30AM-12:30PM

> SUGGESTED DONATION: \$2.00 FOR AGE 60+

MILK SERVED WITH EACH LUNCH

| Sun                           | Mon  | Tue  | Wed  | Thu  | Fri  | Sat  |
|-------------------------------|--|--|--|--|--|--|
|                               |  |  |  | CHICKEN ALFREDO PASTA BROCCOLI & CAULIFLOWER SIDE SALAD FRUIT              | 2 TACO SALAD W/ MEAT BLACK BEANS SALSA, CORN TORTILLA CHIPS FRUIT                | 3  |
| 4                             | 5SALISBURY STEAK<br>MASHED POTATOES<br>GRAVY<br>CORN<br>ROLL W/ BUTTER<br>APPLESAUCE | 6 TERIYAKI<br>CHICKEN<br>VEGETABLE RICE<br>BROCCOLI<br>EGG ROLL  | 7 CHILI CORNBREAD BROCCOLI & CHEESE FRUIT JUICE                          | 8 BAKED FISH RICE CARROTS KALE FRESH FRUIT                                 | 9 GRILLED CHICKEN<br>SANDWICH W/<br>LETTUCE &TOMATO<br>CHIPS<br>FRESH VEGETABLES | ISCLIPART C  |
| We wish you a merriy rist mas | 12 BROCCOLI CHEDDAR SOUP CHEESE STICK PB & GRAHAM CRACKERS FRUIT JUICE               | 13 BAKED PORK PEAS SWEET POTATO WEDGES COOKIE MIXED BERRIES      | CRISPY CHICKEN SALAD BREAD STICK FRUIT                                   | 15SAUSAGE GRAVY<br>& BISCUITS<br>EGGS<br>TATER COINS<br>SPINACH<br>BANANAS | PASTA MARINARA<br>SIDE SALAD<br>GARLIC TOAST<br>YOGURT                           | CHRISCLIPART C<br>CHRISCLIPART C<br>HRISCLIPART C<br>VISCLIPART C  |
|                               | TACO STICKS REFRIED BEANS SPANISH RICE CORN SALSA                                    | 20 BAKED HAM SWEET POTA- TOES GREEN BEANS RICE PUDDING APPLE PIE | 21 CRABCAKE WG SANDWICH TATER TOTS COLESLAW FRUIT SALAD                  | 22 <sub>MEATBALL</sub> SUBS<br>SPINACH<br>STEWED TOMATOES<br>FRUIT         | 2 Closed Closed Holidays   | 24   |
|                               | Closed Holidays  | 27 GRILLED CHICKER RICE GREEN BEANS PEAS & CARROTS FRUIT JUICE   | 28<br>N SOUPBEANS<br>HAM SANDWICH<br>GREENS<br>POTATOES O'BRIEN<br>FRUIT | 29 BAKED ZITI W/ MEATBALLS SIDE SALAD BROCCOLI NORMANDY                    | 30<br>CHICKEN & BROC<br>COLI CASSEROLE<br>MIXED VEG<br>FRUIT                     | Vew<br>Year's<br>Eve   |
|                               |  | HAPPY KWANZAA  | Happy Hanulkah   | Happy <b>Boxing</b> Day!   |  | terrora dil Allamontalia di Cara di Ca |