

(304) 296-9812



MENU SUBJECT TO CHANGE WITHOUT

LUNCH SERVED MONDAY—FRIDAY  
11:30AM-12:30PM

SUGGESTED DONATION:  
\$2.00 FOR AGE 60+

MILK SERVED WITH EACH LUNCH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 CHICKEN ALFREDO PASTA BROCCOLI & CAULIFLOWER SIDE SALAD FRUIT	2 TACO SALAD W/ MEAT BLACK BEANS SALSA, CORN TORTILLA CHIPS FRUIT	
4	5 SALISBURY STEAK MASHED POTATOES GRAVY CORN ROLL W/ BUTTER APPLESAUCE	6 TERIYAKI CHICKEN VEGETABLE RICE BROCCOLI EGG ROLL PINEAPPLE	7 CHILI CORNBREAD BROCCOLI & CHEESE FRUIT JUICE	8 BAKED FISH RICE CARROTS KALE FRESH FRUIT	9 GRILLED CHICKEN SANDWICH W/ LETTUCE & TOMATO CHIPS FRESH VEGETABLES FRUIT	
	12 BROCCOLI CHEDDAR SOUP CHEESE STICK PB & GRAHAM CRACKERS FRUIT JUICE	13 BAKED PORK PEAS SWEET POTATO WEDGES COOKIE MIXED BERRIES	14 CRISPY CHICKEN SALAD BREAD STICK FRUIT	15 SAUSAGE GRAVY & BISCUITS EGGS TATER COINS SPINACH FRUIT	16 PASTA MARINARA SIDE SALAD GARLIC TOAST YOGURT FRUIT	
	19 TACO STICKS REFRIED BEANS SPANISH RICE CORN SALSA FRUIT	20 BAKED HAM SWEET POTATOES GREEN BEANS RICE PUDDING APPLE PIE	21 CRABCAKE WG SANDWICH TATER TOTS COLESLAW FRUIT SALAD	22 MEATBALL SUBS SPINACH STEWED TOMATOES FRUIT		24
		27 GRILLED CHICKEN RICE GREEN BEANS PEAS & CARROTS FRUIT JUICE	28 SOUPBEANS HAM SANDWICH GREENS POTATOES O'BRIEN FRUIT	29 BAKED ZITI W/ MEATBALLS SIDE SALAD BROCCOLI NORMANDY JELLO W/ FRUIT	30 CHICKEN & BROCCOLI CASSEROLE MIXED VEG FRUIT	31

**DELIVERY SCHEDULE:**

**Monday** (blue) - one meal

**Tuesday** (purple) - 2 meals (for Tuesday & Wednesday)

**Thursday** (green) - 2 meals (for Thursday & Friday)

No weekend meals

**DELIVERY SCHEDULE FOR WEEK OF DECEMBER 19  
(HOLIDAY WEEK)**

**Monday** (19th) - One hot meal / one frozen meal (for Friday)

**Thursday** (22nd) - One hot meal / one frozen meal (for Monday)