

C-2



(304) 296-9812

MENU SUBJECT TO CHANGE WITHOUT NOTICE



2025





LUNCH SERVED MONDAY—FRIDAY
11:30AM-12:30PM

SUGGESTED DONATION:
\$2.00 FOR AGE 60+

MILK OR DAIRY SERVED WITH EACH LUNCH

SUNDAY	MONDAY	TUESDAY	WEDNES-	THURSDAY	FRIDAY	SATURDAY
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• To **cancel your meal** for the day, please call us no later than **9 AM the morning of delivery**.
 • If you are not going to be home, you can pick up your meal at the **Center between 11:30 AM and 12:30 PM**.
 You must **call no later than 9 AM** on the morning you wish to pick it up.

2 	3	4 FAT TUESDAY Andouille Sausage and Rice Jambalaya Diced Tomatoes Veggies Cornbread Bananas Foster	5 Sloppy Joes on WG Bun Tatar Tots 3 Bean Salad Fruit	6 Hot Turkey Sandwich Mash Potatoes Gravy Fresh Carrots Fruit	7 Baked Cod Buttered Noodles Peas Creamy Spinach Fresh Fruit	8
9 	10	11 Italian Chicken Roasted Red Po- tatoes Green Beans Apple Crisp	12 Baked Ziti & Meatballs Stewed Tomatoes Steamed Broccoli Fruit	13 Festive Luncheon Stout & Honey Beef Roast Colcannon Glazed Carrots Roll & Butter Dessert	14 Glazed Salmon Rice Pilaf Roasted Tomatoes & Feta Bake Snap Peas Fresh Fruit	15
16	17	18 Salisbury Steak Mash Potatoes & Gravy Roll & Butter Brussel Sprouts Fruit	19 Glazed Pork Chops Sweet Potatoes Diced Carrots Roll & butter Fruit	20 Stuffed Peppers Roasted Red Potatoes Celery & PB WG Roll & Butter Fruit	21 Seafood Alfredo Steamed Broccoli Roasted Tomatoes WG Breadstick Fresh Fruit	22
23	24	25 Irish Stew Fried Cabbage Boxty (potato pancake) Irish Apple Blossom	26 Roasted Chicken Breast over Brown Rice Black Bean & Corn Tomato Salsa Tortilla Chips Fruit Juice	27 Brisket Baked Beans Potato Salad Cornbread Fruit	28 Fish Sandwich with Cheese on WG bun Sweet Potato Fries Cole Slaw Fresh Fruit	29 
30 	31	1 Scrambled egg Oatmeal with fruit Sausage Patty Home fries w/peppers, onions & sausage gravy	2 Chicken strips French fries w/gravy Roll & butter Broccoli Fruit	3 Cabbage Rolls Mashed Potatoes Broccoli WG garlic bread- stick Fruit	4 Tuna Noodle Casserole Sweet Peas Tossed Salad Yogurt Fresh Fruit	5